  

Some popular drinks in Costa Rica are Horchata, a cinnamon flavored cormeal drink, Chan, a slimy drink made of seeds, Linaza, which is popularly used to cure indigestions and Fresco de Frutas which is basically a fruit salad floating in a base of kola and water.

Costa Rican cuisine is simple but heavy on oil. Native dishes rely heavily on rice and beans. Gallo Pinto, the national dish of fried rice and black beans is particularly served as a breakfast. At lunch Gallo Pinto becomes Casado : rice and beans supplemented with cabbage and tomato salad, fried platains, and meat. Vegetables do not form a large part of the diet.

## Location:

**Food and Drink**

Costa Rica is located in Central America, bordered by both Caribbean Sea and North Pacific Ocean between Nicaragua and Panama. The capital is San Jose with other major cities including Cartago, Alajuela, Puerto Limon, Puerto Jimenez and Dominical. The country has an area of 19,653 square miles. There are many coastal plains separated by rugged mountains. There are 4 volcanoes, of which 2 are active. Some natural hazards include occasional earthquakes, hurricanes and frequent flooding.

Costa Rica is both tropical and subtropical climates. Its dry season is from December to April and rainy season between May to November.

The population of Costa Rica is estimated at 4,016,173 people. Spanish is the official language of the country. However, English is spoken as well.

Republic of Costa Rica

“Vivan siempre el trabajo y la paz”

Long Live Work and Peace.

Costa Rica

San Jose, Puerto Vieja de Talamanca, Jaco, Quepos and Tamarindo are the hot spots for nightlife. There are dozens of jazz bars, clubs, casinos, concert halls, and fiestas. El Pueblo is a number one spot in downtown San Jose that is filled with live music, mariachi bands, bars, discos and restaurants!

**Warm waters year-round! Costa Rica's beaches rank among the best in the world. And since nearly two thirds of Costa Rica's borders are coastline, there are a whole lot of beaches to explore.**

**Nightlife**

**Beaches**

**Transportation: Includes rental cars, shuttles, private vans, ferries, public bus, and even horseback.**

**There are more than 30 museums located in San Jose, the capital city. Museo Nacional De Costa Rica is a must see!! The museum is housed in Bellavista, Fortress that was built in 1870. There are actually bullet holes from the civil war of 1948.  It was also here that three-time president Jose Figueres Ferrer wielded a hammer and stroked the buildings wall to signal the abolishment of the military. Inside there are displays of pre-Columbian artifacts, period dresses, colonial furniture, religious arts and photographs. It is a historic landmark. Other popular museums include, Museo Juan Santamaria, Museo de Jade, and Museo de Ciencias Naturales. Also in San Jose, is home to Teatro Nacional, which is the national theater in Costa Rica.**

**Whitewater rafting is a great way to experience Costa Rica. Because of its mountainous topography, Costa Rica offers rafting opportunities throughout the country with a wide variety of rivers. Choose from family-friendly easy to moderate whitewater all the way to intense Class IV+ whitewater!**

**Costa Rica Sky Adventures is the place to be!! Home of two theme parks which offers zip lining, canopy tours, hanging bridges, cable cars, and much more!**

What To Do..